

Local School Offers a Peek into Addiction Treatment

The Academy for Addiction Professionals Has Created a Mock Group Therapy Program to Educate South Florida on the Importance of Addiction Treatment

Fort Lauderdale, FL – The Academy For Addiction Professionals has launched a novel community initiative to shed light on the importance of therapy and treatment for addicted individuals. The program, which will involve the participation of those touched by addiction, but not addicted themselves, is geared to educating influencers on group therapy protocols for substance abuse. There are few times in life more daunting than helping a loved one enter treatment for a disease as vicious as addiction. For that reason, it is all the more important that the community understands what treatment entails. There is no better way than to experience it firsthand.

Group therapy is an important part of the overall treatment plan. It promotes open and honest discussion in fighting a disease of isolation. Further, it is a vital part of a successful treatment program and a focal point in most addiction treatment centers. Over the long-term, group members learn how to communicate more effectively with those around them. Ideally, they form solid bonds amongst themselves that last well after treatment ends. These bonds can be vital down the road if a recovering addict begins to waiver in their sobriety.

“The exciting part of this program is that group therapy can benefit everyone, including those who are not addicted or abusing substances.” Says Ben Brafman, Dean of the Academy for Addiction Professionals. “We look forward to seeing the reactions of sober people when they are placed in a setting of honesty and trust, in the absence of judgment. The results will be extraordinary.”

The sessions will be held monthly. They are open to those who can affect an addicted individual’s life by pointing them in the right direction for treatment. Community leaders, parents, family members and friends are all welcome and will be invited based on their background as it relates to the topic being discussed in group. Interesting findings and excerpts will be anonymously posted on The Academy For Addiction Professionals’ website, to offer some context to those who cannot attend.

“We look forward to this very exciting program,” says Brafman, “as we believe that the first step toward getting our fellow community-members the treatment they need is knowledge and understanding on the part of those around them.”

About The Academy For Addiction Professionals

The Academy For Addiction Professionals provides Florida Certification Board approved training for those seeking to become certified counselors in the field of addiction. Their 14 month in-person or online curriculum covers all necessary education requirements and includes experiential training programs for greater depth. The campus is located in Fort Lauderdale, Florida and serves the nation through distance learning programs.